

Dear Parent/Guardian,

I am pleased to inform you that your child has been selected to train for the Portfields School Cross Country squad. In the children's first games session, they took part in a cross country trial and your child performed well, showing great potential.

This year, the cross country squad will be training three times a week. The sessions will take place on Tuesdays, Thursdays and Fridays from 3:30pm to 4:15pm. (first session to be held on Tuesday 21st September 2010) In order for the children to benefit from this training, they must be committed to attend regularly. In past years, the children who have made the cross country team have worked extremely hard and when racing, have proved that the training that we do at Portfields does work.

There is something really special about the Portfields Cross Country Squad. Your child will be part of a group of children, who in the past, have always had fun. Your child will also be training with children from different year groups, so there are opportunities for new friendships. Finally, your child will be training with a number of different members of staff who work alongside the PE team. In past years, we have noticed a child's confidence grow because of this, not just in sport, but in the classroom as well.

We are aware that your child may attend another club (MK Athletics, football, tennis, gymnastics etc), therefore I do understand that there is only so much that your child can do; if this is the case, let me know. We fully understand the importance of your child not doing too much and in the past, we have allowed children to attend selected sessions. Once again, we are prepared for this to happen. (minimum of two sessions per week)

The dates for this year's Cross Country Championship are as follows:

**Heats: Saturday 16<sup>th</sup> October 2010 - MK Bowl**

**Final: Saturday 13<sup>th</sup> November 2010 - MK Bowl (reserve date: 20<sup>th</sup> November 2010)**

Please return the slip below by Friday 17<sup>th</sup> September 2010. I look forward to working with your child.

**Mr J Cursley**  
PE Co-ordinator

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Name: \_\_\_\_\_

Class: \_\_\_\_\_

My child will be attending the training sessions for the Portfields Cross Country Squad:

Tuesdays

Thursdays

Fridays

I confirm that my child is available for the dates given above (if selected)

Signed: \_\_\_\_\_